A gentle indoor scavenger hunt

Find and point to items without moving them. Stay in the agreed room; no climbing, opening cupboards or touching electrical items. Page 2 is the adult guide.

Find and point to…

- ☐ Something soft
- ☐ Something round
- ☐ Something with a pattern
- ☐ Something you can read
- ☐ Something with more than one color
- ☐ Something that reminds you of a happy day

Stay in the room agreed with your adult. No climbing, opening cupboards or touching electrical items. You can skip any item.

Adult setup guide

Choose one safe room and check it before starting. Agree on boundaries and point to objects rather than collecting them. Do not hide objects near stairs, heat, sockets, medicines or fragile items.

Possible answers

Soft: a cushion. Round: a ball. Pattern: a blanket. Read: a book. More than one color: a drawing. Happy memory: a photo or a familiar object.

These are examples, not required answers. Accept any sensible answer, allow skipping, and supervise throughout. No prizes or speed are needed.